



# **The Community Hub**

**Welcome** to the Autumn Edition of our newsletter. As we approach the end of 2020 and a very difficult year, we would like to thank those who continued to support the hall. As we enter a new 4 week national lockdown, the hall will unfortunately be closing apart from Wilsden Village Nursery School. We hope that everyone stays safe and look forward to reopening our doors and welcoming everyone back as soon as possible. Please see our Timetable of activities (on Page 10) which have details of groups and classes which will hopefully recommence after the lockdown.

#### **Our Contact Details**

Tel: 01535 272 786 Email: <u>wvh@btconnect.com</u> Website: <u>www.wilsdenvillagehall.co.uk</u> Facebook Page: <u>www.facebook/wilsdenvillage hall.co.uk</u> Twitter page: <u>www.twitter/wilsdenhall.co.uk</u>

#### Useful / Emergency Contacts

For people needing non-medical help or support: 01274 431 000

For all Bradford Council information: <u>www.bradford.gov.uk</u> or 01274 432111

Police, Fire, Ambulance: 101 Life-threatening emergency only: 999

Adult social care, if concerned about care package: 01274 435400

Adult social care out of hours: 01274 431010

Business support - <u>www.investinbradford.com</u> or 01274 437722.

Children's social care: 01274 435600 and Children's out of hours: 01274 431010 Childline: 0800 1111

Domestic abuse: 0808 2800 999 and Out of hours: 0808 2000 247

Hate crime reporting: 08001 691664

Mental wellbeing crisis support: <u>www.bdct.nhs.uk/services/firstresponse</u>

## \* Greetings from the Team



It was a busy couple of months in September and October with the hall reopening and some groups and classes restarting. The team were back to their normal duties following the decorating project. They also recently completed Fire Safety Training via an online webinar course. The team passed with flying colours to become fully certified Fire Marshalls and celebrated with a bit of fancy dress!

It was so great for the hall to be occupied again with the groups which returned as well as some new classes and we hope that we will be able to welcome back more visitors after this lockdown.

There is now a one way system inside the hall, different doors to enter and exit and measures have been put in place to maintain social distancing and hygiene within the building.

Please see the next page for the Wilsden Village Hall Covid procedures for your safety.



Left to right: Marcus Dickerson, Milton Pearson, Kelley Sutcliffe (Paul Westcott also completed the course but was unavailable for a photo)

## \* Covid Guidelines for visitors

- We now encourage you and your members (where possible) to use the new NHS track and trace QR bar code or sign in both are GDPR compliant. You are then required to keep a register, Including telephone numbers or email addresses of people who attend your class, and keep it for 28 days, after which you should destroy it.
- To help maintain social distancing people will need to keep to the left when moving about the building.
- Masks must be worn at all times whilst moving about/ in the building.
- Other than when undertaking a physical activity, such as dancing and/or when eating and drinking.
- We have introduced a one way system which people will need to follow once they have entered the building. People will be required to us one entry point (our entrance near the Library and alternative exit point, (the one opposite the notice board).
- Parents are not allowed to wait inside the building to collect or drop off children, in order to avoid groups gathering pick up and drop off times should be staggered.
- Chairs, should not be placed in the corridors. If class members /users /guests wish to sit on the chairs around the sides of the room in use they should sit 2m apart ( 4 chairs = 2m).
- Stairways, people coming up have priority, those waiting to go down should stand back 2m at the top of the stairs to allow people to pass safely.
- We have provided hand gel dispensers which people will be required to us on entry and on leaving the building.
- To avoid pinch points (and help maintain social distancing) particularly at the entrance and exit points you will need to stagger the time people arrive and leave.
- Toilets; we have implemented a one in one out system and have installed new latches on the main doors of the toilets so people can lock them. We have provided hand gel dispensers by each toilet door. People should use the gel before entering and take antibacterial wipes in with them to wipe down any surfaces they need to touch. These should be placed in the bins provided.
- You will be expected to wipe down any surfaces you or any of your class/members/ guest come in to contact with prior to leaving (chairs, light switches, door handles, tables etc).
- Ensure people maintain the appropriate level of social distancing at all times (2m).
- Ensure any music is kept to a reasonable level so as to avoid people shouting. 85 decibels. Measured at the point of the speaker. Free apps for your phones are available to down load.
- Exercise should be carried out at a steady/slower pace so as to avoid people exhaling excessively.

#### Please ensure your class/ members/ guests are made aware of these precautions.

## These Covid 19 requirements may change (at short notice) as Government restrictions change.

## \* Wilsden Coronavirus Support Group

When the shielding period ended in August, meaning those who had been housebound were able to venture out independently for shopping, this wonderful group were able to take a step back from their volunteering duties.

With the start of the latest national lockdown, the Wilsden Coronavirus Support Group is still here for you.

We will, however, be operating a bit differently during this second lockdown as many of our previous volunteers are now back to working full time or at university.

We hope that people will be able keep their independence and try to do their own weekly shopping either online or via Morrison's Doorstep Delivery (orders by telephone). We can help you (via the Shipley Hub) to get a delivery slot if you are struggling to get one.

For those mid-week staples like bread, milk, fresh veg, etc, or those items which are urgently required, our volunteers are going to be available on a daily rota system to purchase these for anyone needing them.

Emily will continue to deliver prescriptions, so please let us know when your prescription is ready at the pharmacy.

To request help, please contact Kelley or Jane who will allocate that day's volunteer to buy the groceries you need.

If you feel you would be able to offer your help as a volunteer please contact us.

Kelley: email <u>kelley@wilsdenvillagehall.co.uk</u> Jane: email <u>jane.callaghan@wilsdenparishcouncil.gov.uk</u>. Tel 07986 294757

Together we will get through this lockdown and support those who need it most.



## \* Wilsden Youth Volunteer Scheme



Wilsden Youth Volunteer Scheme is an organisation which was set up for the younger generation of Wilsden. It aims to boost the wellbeing of young people, as well as giving opportunities to get involved with lots of projects when unemployment is rising due to Covid 19. It also gives young people something to say when asked 'What did you do during the 2020 pandemic?'.

#### \* Photograph Competition

One of the main projects that the Wilsden Youth Volunteer scheme has been running is a photograph competition. During July and August our local villagers entered their stunning photos of Wilsden and surrounding areas, hoping to have a chance to be featured in a Wilsden 2021 calendar. Our budding WYVS judges (Elizabeth, Jessica, Sophie, Ellie M, Madeline, Gabrielle, Ellie R, Rowan, Leo, Emily and Beatrice) managed to successfully judge the photos while adhering carefully to social distancing measures at the Wilsden Village Hall. 12 stunning pictures were chosen, and the three top photos were taken by Adam Clark, Peter Eccles and Tony Caunt. The calendar will be on sale in time for Christmas via the Wilsden Youth Volunteer Scheme Facebook page, the Post Office and the Village Hall.

Calendars cost £7 each and the funds raised will go towards the refurbishment of the Youth Centre area of the hall.

If you would like to pre-order a calendar please sign up here. Details of how to pay and when calendars will be ready will be available shortly. <u>https://forms.gle/65NKtsZ4exg1z2CZ6</u>

Congratulations & well done to everyone who took part!!

## \* Wilsden Youth Volunteer Scheme

#### \* Eco-brick Project

Another project that we are currently running is an eco-brick project. An eco-brick is a plastic bottle filled with clean non-recyclable plastic material e.g. plastic gloves, cling film and sandwich bags. Emily, Beatrice and Ellie did a socially distanced Facebook live stream explaining how to make these to encourage the villagers to get involved. We would like to build a planter with the eco-bricks, and are considering using the planter as a community herb garden. We are hoping to build this in the spring. This project is a great way to teach children about waste and how we can all take small steps to making our village a more sustainable place to live.

How to make an eco-brick:

- Find a 500ml plastic bottle (if you do not use plastic bottles please send the WYVS a message or email as we have plenty of bottles you can use). If you have a slightly bigger or smaller sized bottle, this is also okay to use.
- Clean the bottle and all the plastic waste before using it.
- A great tip is to chop up all the plastic waste into smaller pieces so it is easier to get into the eco-brick.
- Use the handle of a wooden spoon to help get the plastic tightly packed. Pack the plastic down as much as you can every 3 inches or so.
- You will know your brick is finished when it is solid and there are no air gaps. If using a 500ml bottle, it must weight at least 165g for it to pass as an eco-brick. For other sized bottles, to find out how much it needs to weigh, multiply the volume of the bottle x 0.33.
- Once you have finished your eco-brick please write your name, the date and the weight of the brick in permanent marker on the side of the bottle.
- Please drop your finished eco-bricks off at the village hall and a member of our team will collect them.

Let's save non-recyclable plastic waste from going to landfill!



## \* Wilsden Youth Volunteer Scheme

#### \* Pen Pal Scheme

Our volunteer scheme have also set up a 'Pen-Pal' scheme, aiming to connect the younger and older generation through writing letters. The aim of this was for the younger generation to lift the spirits of the older generation in a difficult time, and this project has been extremely successful. If you know of anyone who would like to receive a letter, please let us know at <u>wilsdenyouthvolunteers@gmail.com</u> as we have plenty of young people keen to get involved with this lovely project. We also have links with a local befriending service, so if you know anyone who would like to have a phone call with a volunteer, please let us know and we can put you in touch.

#### \* Decorating & Upcycling

A few of our volunteers (Beatrice, Ellie and Madeline) also helped to redecorate the Wilsden Village Hall, and worked hard to upcycle some old coffee tables into stylish tables that feature historic pictures, photographs and maps of Wilsden. They also learnt valuable decorating skills and made new friends.

#### \* Future Projects

There are also many exciting projects in the pipeline for the Wilsden Youth Volunteer Scheme. We are hoping to run a car wash fundraiser in the Wilsden Village Hall car park (with coffee and cakes) to continue to raise money to renovate the Village Hall youth area. We are also keen to set up a socially distanced fundraising run/walk, aiming to boost wellbeing and also raise funds for the village and a charity. Moreover, we have collected a large collection of plastic flamingos in the hope that we can set up a 'You've been flocked' fundraiser in the future.

If you know of anybody between 16-25 years old who would like to be involved with the WYVS, please encourage them to like our Facebook page, and join our Facebook group. If you have any ideas of other projects we can run within the village, please either message our Facebook page or email us at <u>wilsdenyouthvolunteers@gmail.com</u>.



## \* Urgent Flood Defence Appeal

Generally, you wouldn't think a building built on a hillside could be subject to flood damage. Well, I can assure you they can be. The lower hall (Nursery) and the Void in Wilsden Village Hall have been the victim of two serious flooding incidents and several minor ones during the last three years. Resulting, from both the age of the building (now over 43 years old) and climate change, increased heavy rainfall.

To help preserve Wilsden Village Hall for future generations, I am asking for your help. You can make a positive difference by donating either  $\pounds 5.00$ ,  $\pounds 10.00$ , or  $\pounds 20.00$  (as much or little as you feel you can contribute) towards the cost of the installation of a flood defence system. We are hoping to raise part of the cost through local donations. Our target sum is  $\pounds 1000$ .

Our thanks to Wilsden Parish Council which has agreed to contribute towards the cost as well.

To make donations, please use this link to our Paypal Account

https://www.paypal.com/donate?hosted\_button\_id=Z93R6HUC9BFAW

Or by cheque made payable to Wilsden Village Hall

Thank you for any contributions!

Milton Pearson, Hall Manager



## \* We are a Local Charitable Organisation

Our Village Hall depends on volunteer Trustees to govern how the hall is financed and run for the benefit of Wilsdeners in general.

As a charity, Wilsden Village Hall relies heavily on donations from individuals, groups, organisations and businesses in the community.

We would like to express our sincere gratitude for support we have received up to date and for any future donations of which we would be most grateful.

Wilsden Village Hall is currently supported by the following groups and organisations:-

- \* P&J Idle Stompers
- \* Co-op Local Community Fund
- \* BMDC
- \* Leader
- \* The Key Fund
- \* Royd House Trust
- Wilsden Good Neighbours
- \* Wilsden Parish Council
- \* Wilsden Walkers
- \* Wilsden W.I
- \* Wilsden Gala Committee
- \* Wilsden Thursday Afternoon Group
- \* Wilsden Trinity Methodist Church URLEP
- \* Mr & Mrs J. Bartle

Thank You!!

## \* Special Thanks

We would like to take this opportunity to Thank the following groups and individuals for funds generously donated to the hall in recent months.

- \* Wilsden Parish Council who made a generous contribution towards the cost of the refurbishment project which helped to upgrade a large part of the interior of the hall.
- \* **National Lottery** for agreeing our grant application to their Community Fund during the first lockdown.
- \* Jane Owen who has kindly donated funds raised in the memory of her son, to be used specifically to help with refurbishment of the Youth Centre area of the hall.
- \* **Rank Foundation** for approving our application to the Pebble Fund which provided funding to the hall during the first lockdown.
- \* Mrs Maltas for her kind donation to the hall which will go towards the Youth Centre refurbishment.
- \* Neighbourly Ltd for funding received during the first lockdown.
- \* **Gary Wilson** for donating building plaster to repair the ceiling of our main hall during the refurbishment project.
- \* Bradford Council & Shipley Area Committee The hall received funding from 3 grants during the first lockdown this year, 2 from Bradford Council and one from the Shipley Area Committee.

Thank you to Bingley Rural Ward Councillors, **Paul Sullivan**, **Naveed Riaz and Mike Ellis** for granting us these funds enabling us to run the Neighbourhood Support Centre for our area.

All of these donations have been or will be used towards the refurbishment and modernisation of the building as we want it to be as comfortable and pleasant as possible for the benefit of all who visit it.

We are so grateful for all the support we have received in achieving this.

# Thank You!!

		L TIMETABLE 2020		
Day	Group Name	Starts	Finishes	Location
Monday	Wilsden Walkers	09:15	11:30	Library Room
	Pilates	09:45	10:45	Main Hall
	Wilsden Indoor Bowls	13:30	15:30	Main Hall
	Wilsden Art Group	14:00	16:15	Library Room
	Beavers	18:00	19:00	Lower Hall
	Senior Youth Club	18:30	20:30	Youth Club
	Girl Guides	19:15	20:45	Lower Hall
	Zumba Fitness	19:30	20:30	Main Hall
Tuesday	Library	10:00	19:00	Library Room
	Luncheon Club	12:30	14:10	Main Hall/Kitchen
	Jennifer's Dancekool (3-6yrs)	17:00	17:45	Main Hall
	Jennifer's Dancekool (7-9yrs)	17:45	18:30	Main Hall
	Cubs	18:15	19:30	Lower Hall
	P&J Stompers Line dancing	19:00	21:00	Youth Club
	Scouts	19:30	21:15	Lower Hall
	Wilsden Auctions - Items accepted	19:00	21:00	Library Room
	(1st Tuesday of the month only)			
Wednesday	Jimmy's Martial Arts	17:00	18:00	Main Hall
	Yoga with Nick Toehill	19:00	20:00	Main Hall
	Wilsden Auctions - Viewings Only	12:00	17:00	
	(1st Wednesday of the month only)			Library Room
	Wilsden Auctions Sales	17:00	21:00	Library Room
	(1st Wednesday of the month only)			
Thursday	Wilsden Auctions	09:00	12:00	Library Room
	(1st Thursday of the month only)			
	Toddler Group	09:15	11:30	Main Hall
	Wilsden Thursday afternoon Group	14.20	10.20	Main Hall/Library
	Jennifer's Dancekool (10-13yrs)	14:30 18:00	16:30 18:45	Room Main Hall
	Wilsden 1st Brownies	18:15	19:45	Lower Hall
	Jennifer's Dancekool (14-18yrs)	18:45	19:45	Main Hall
	Senior Youth Club (12 - 18 yrs.)	18:30	20:30	Youth Club
Friday	Pilates	09:45	10:45	Main Hall
	Junior Youth Club	18:00	20:00	Youth Club
Saturday	Little Bear Feet with Melody Bear	09:30	10:45	Main Hall

## Please contact the hall on 01535 272 786 or at wvh@btconnect.com to check if the classes you are interested in have restarted to avoid disappointment.

## \* Rooms Available for Hire

### Classes, meetings, weddings, parties.....



- \* With several rooms and areas for hire, we will be able to accommodate your event.
- \* Our Main Hall is perfect for weddings, birthday parties, seminars and conferences.
- \* Our Meeting Room is ideal for board meetings or coffee mornings and can be used alongside the Main Hall for larger functions such as weddings.
- \* Our Main Kitchen has serving hatches linking together the Main Hall and Meeting Room and has been rated 4 Star for hygiene by Bradford Council.
- \* Our Youth Centre is also available for smaller parties, training days or workshops and has its own kitchenette.
- \* We have Car Parking, Accessible Toilet with Baby Changing Facilities.
- \* Recorded music is licensed with PRS Music Certificate.
- Please note that if you require a bar license for your function, we will require 2 months' notice.
- \* We regret we do not allow parties for those aged 12-21.

Please note that due to COVID government restrictions we cannot accept bookings during lockdown. For any bookings once lockdown has been lifted, we have reduced the maximum number of attendees for all of our rooms in order to comply with social distancing measures.

Please see details for each of our rooms on the following pages.

For more information or to request a copy of our Booking Brochure, please contact the hall on 01535 272 786 or email us at wvh@btconnect.com.

## \* Main Hall



**Current Maximum Capacity to comply with social distancing rules = 20 people** 

## \* Meeting Room



Current Maximum Capacity to comply with social distancing rules = 10 people

## \* Youth Centre



**Current Maximum Capacity to comply with social distancing rules = 12 people** 



## \* Lower Hall

**Current Maximum Capacity to comply with social distancing rules = 16 people** 

\* Kelley's Cookery Corner <u>Recipes of the Season</u> <u>Starter & Main</u>

## Kelley's Vegetable Soup Da Loop

#### Ingredients:

- 1 x tbsp Olive Oil
- 1 x Large Onion (chopped)
- 2 x Cloves of Garlic (chopped)
- 2 x Carrots (chopped)
- 2 x Medium Potatoes
- 1/2 Cauliflower
- 100g Red Lentils
- Vegetable Stock (in 900ml of boiling water)
- 400g Tin of Chopped Tomatoes
- 1 x tbsp Tomato Puree
- 1 x tbsp Worcester Sauce
- 1 x tbsp Soy Sauce
- 2 x tsp Ground Cumin
- 2 x tsp Ground Turmeric
- 1 x tsp Oregano
- Salt & Pepper to season

#### Method:

Warm the olive oil in a large saucepan.

Add the onion & fry for 5 minutes.

Add the garlic, carrots, potatoes & cauliflower.

Add the vegetable stock and lentils.

Stir well and boil for 10 minutes.

Add the chopped tomatoes, tomato puree, worcester sauce, soy sauce.

Mix well and add herbs, spices salt and pepper.

Simmer for 45 minutes or until the vegetables are soft.



#### **Slow Cooker Beef Stew**

#### Ingredients:

- 2 x tbsp Olive Oil
- 1 x Large Onion (chopped)
- 2 x Cloves of Garlic (chopped)
- 3 x Carrots (chopped)
- 1/2 Packet of Thyme
- 2 x tbsp Tomato Puree
- 2 x tbsp Worcester Sauce
- 2 x Beef Stock Cubes / pots
- 900g Beef (diced)
- Salt & Pepper to season

#### Method:

In a large frying pan, warm 1 x tbsp olive oil, add the onion and fry for 5 minutes.

Add the carrots and thyme, stir and fry for 2 minutes.

Stir in the tomato puree, Worcester sauce and put the mixture into the slow cooker.

Add 600ml of boiling water, stock cubes, salt and pepper and stir well.

Clean the frying pan then use the remaining 1 x tbsp of olive oil to fry the beef until brown then add to the slow cooker.

\* Depending on the size of the frying pan, this may have to be fried in batches.

Cook on High for 4 hours or Low for 8-10 hours.

## \* Kelley's Cookery Corner

**Recipes of the Season** 

Two Desserts to celebrate Apple Day! (21st October 2020)



#### Bramley Apple Pie

#### For the filling

Melt a dessert spoon of butter in a large saucepan. Add 10 peeled, chopped apples, 200g of caster sugar, 200ml of water, 2 x teaspoons of ground cinnamon, 2 x teaspoons of ground nutmeg. Let it boil until the apples are soft. I cheated with the pastry & bought ready made rolled pastry from the supermarket. Once the filling was ready, I poured it into a deep oven dish & laid pastry on top. It took about 45 minutes in the oven at 200 degrees until the pastry was golden & crispy.

It was my very first apple pie & not the prettiest but it tasted delicious!!

Thank you to **Milton Pearson** for the apples.



### **Apple Pudding**

#### Ingredients - serves four

- 1 dessert apple
- 2 level tbsp sultanas
- 1 level tbsp white sugar
- 100g pudding rice
- 6 squares of broken up white chocolate 1/2 level tsp mixed spices
- 8 level tbsp dried skimmed milk powder

#### Method

Pour in 1 pint of water into a saucepan. Instead of using a measuring jug, you could use a pint glass from your kitchen cupboard.

Cut the apple into quarters and remove the core. Then dice the apple (with the skin still on).

Add the diced apple into the saucepan along with the pudding rice, sultanas and sugar.

Stir gently, then bring the contents of the saucepan to the boil and simmer gently for 20 minutes with the lid on.

Take off the heat and stir, then let the mixture cool for 5 minutes.

Add the broken up white chocolate, sprinkle in the mixed spices and dried skimmed milk.

Stir thoroughly until all is melted. Pour into 4 dessert dishes and serve either warm or cold.

Find Kelley's Cookery Corner on the Wilsden Village Hall Facebook page. Join the Group for easy, delicious recipes and share your own favourites with the other members.

You can add a post to the page or alternatively email and recipes and photos (optional) to: Kelley@wilsdenvillagehall.co.uk.

## \* Christmas is Coming!!!

As everyone starts to think about Christmas shopping we would like to remind those who shop online that if they use Amazon already, they could really help Wilsden Village Hall raise some funds for our charity.....at no extra cost to you!!

Simply log in through www.smile.amazon.co.uk

Shop as usual, then if you could select Wilsden Village Hall as your chosen charity, we will then receive a donation for every purchase you make!!





We'd really appreciate you spending a couple of minutes telling us what you think about the hall, its facilities, things we are doing well and areas you think we could improve on.

To do this please click on the link below.

Click <u>HERE</u> to complete Survey

Alternatively, paper copies of our short survey are available from the hall.



