



Wilsden Walkers: Meet at Wilsden Village Hall every Monday morning (excluding Bank Holidays) at 9:15 am. We have a walk suitable for everyone, with a slower shorter walk for beginners. All walks return to the village hall for refreshments and a chat.

Sponsored by "Champions Show the Way" the group is a well-established Walking for Health scheme for people of all ages. We particularly encourage people with long-term health conditions to join our walks.

Duration: 60 or 90 minutes depending on walk option chosen.

We are a very friendly group, please come along & give us a try! Call the Hall on 01535 272786